Coffee Chat on Parent Priority Survey Results
Happy Tuesday!

In the Zoom chat, share your name, ward, and what school(s) your child(ren) attend

If possible, please keep your camera on!

Today’s norms:

- If you tend to be a talker, push yourself to listen more!
- If you tend to sit and listen, challenge yourself to speak up!
- **Stay stationary** - we want to be safe! If you are driving, we will move you to the waiting room.
Agenda

- Our Parent Priorities
- What is OST?
- OST Survey Results
- What is SBMH?
- SBMH Survey Results
- Next Steps
Our Parent Priorities
Who We Are!

MISSION: PAVE connects, informs, and empowers parent leaders to give families in DC a voice and a choice in the vision for education in our city.

VISION: Parents are partners and leaders with schools and policymakers in developing a diversity of safe, nurturing, and great schools for every child in every ward and community.
We believe **ALL** conversations – and decisions – should be centered in the **experiences and interests** of families and communities...

**ESPECIALLY** during such unprecedented and challenging times.
Our Advocacy Process

Get Informed:
Build policy expertise so we know our stuff!

Set a Vision:
Write and share our Statements of Beliefs with the solutions PARENTS want to see

ACT!
Meet with policymakers, testify at public hearings, post on social media, and more!

Make It Happen!
Our Survey Approach

- We conducted two surveys to inform our parent policy priorities on:
  - Out-of-school time programs
  - School-based mental health
- We shared the survey to a randomized group of 200 PAVE parents.
  - Parents were selected to take the survey based on demographics to make sure we had a representative sample (I.E. enough people from each Ward, families with students with disabilities, race etc.).
  - Our first survey on OST programs was conducted with D.C. Policy Center.
What is OST?
What are Out-of-School Time (OST) Programs?

Out of school time (OST) programs occur:
- **Before** and/or **after** school
- In the **summer**
- On the **weekends**
- During any other times when **school is not in session** (ex. school breaks).

Why do they matter?

- **Academic enrichment**
- **Social emotional learning and building social skills**
- Exploring new activities and finding the JOY in learning
- Safe, productive space for kids while caregivers are working
Overview of OST Programs

Multiple agencies and offices oversee various OST programs, including:

- Learn24 (OST Office)
- DCPS
- Charter LEAs
- Department of Parks and Recreation (DPR)
- Childcare centers/community-based organizations
- Department of Employment Services
OST Survey Results
OST Survey Results

D.C. Policy Center is in the process of finalizing their report BUT there are some preliminary results we can share on:
● OST Program Seats Breakdown
● Program Information
● Provider issues
● Parent issues
## OST Program Seats Breakdown

### RAW COUNTS

<table>
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<tr>
<th></th>
<th>School Year</th>
<th>Weekends</th>
<th>Summer</th>
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<tr>
<td>CBOs¹</td>
<td>19,637</td>
<td>4,768</td>
<td>10,380</td>
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<tr>
<td>DCPS – Title I Schools²</td>
<td>6,620</td>
<td></td>
<td></td>
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<tr>
<td>DCPS Non-Title-I Schools and Charters³</td>
<td>9,769</td>
<td>3,715</td>
<td>5,987</td>
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<td>TOTAL</td>
<td>36,026</td>
<td>8,483</td>
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<tr>
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<tbody>
<tr>
<td>MBSYEP⁴</td>
<td></td>
<td></td>
<td>12,579</td>
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<tr>
<td>DPR</td>
<td></td>
<td>?</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td>?</td>
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</tr>
</tbody>
</table>

Notes: ¹ Raw counts from survey responses supplemented by administrative data.  
² Administrative data obtained from DCPS.  
³ Raw counts from survey responses.  
⁴ DOES Report submitted to the D.C. Council.
### PREDOMINANT RACE SERVED (TOTAL COUNTS)

<table>
<thead>
<tr>
<th>Race</th>
<th>Count</th>
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<tbody>
<tr>
<td>Black</td>
<td>85</td>
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<tr>
<td>Two or more races</td>
<td>17</td>
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<td>White</td>
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<td>NA</td>
<td>11</td>
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<tr>
<td>Other</td>
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<td>Asian</td>
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<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>Count</th>
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<tbody>
<tr>
<td>Non-Hispanic</td>
<td>78</td>
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<tr>
<td>Hispanic</td>
<td>23</td>
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<tr>
<td>NA</td>
<td>14</td>
</tr>
<tr>
<td>Other</td>
<td>5</td>
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</tbody>
</table>

NA - No response
Program Information

BILINGUAL STAFF

CBO
- 28%
- 72%

School
- 46%
- 54%

Note: 64 respondents are excluded because they did not respond to the question.
Program Information

DO FAMILIES PAY USER FEES?

- No response: 59
- No: 127
- Yes: 10

Count of Respondents
Program Information

MENTAL HEALTH SCREENING

- Students are not screened by the program: 155 respondents
- Students are screened by the program:
  - Once: 6 respondents
  - Twice: 3 respondents
  - Three or more times: 7 respondents
  - Other: 23 respondents
- No response: 2 respondents

Count of Respondents
Program Information

REPORTED TRAINING STAFF FOR ADDITIONAL LEARNING NEEDS

All Respondents | Proportion of Total

yes  
.49

no  
.32

not sure  
.19

Proportions are calculated excluding respondents who did not provide this information in their survey.
Provider Issues

MAIN ISSUES PROVIDERS MENTION

- Student enrollment and attendance varies greatly.
- Takes a long time to secure clearance for staff
- Lack of staff, high turnover
- Not enough funding, funding timing
- Lack of consistent space, sometimes hard to get commitment and communication from schools
Parent Issues

MAIN ISSUES PARENTS MENTION

• Programs too far away, hard to get to.
• Affordability, especially for summer and high-quality programs
• Difficulties finding programs and enrolling (process and lack of seats)
• COVID concerns
• Breakdown of communication from programs and schools
Sharing YOUR Experience

DIRECTIONS: Discuss as a group our reactions to the survey.

● What surprised you about the results?
● What were you not surprised to see?
● Were there any results that really stuck out to you?
● Does this impact your view of what needs improvement around OST?
What is SBMH?
Before we begin, we want to take a moment to pause and name that what we are about to talk about may be difficult or triggering for some.

Mental health is deeply personal, and please take any time or space you need as we discuss this issue. Step out, take a breath, and let us know if we can support you in any way.
Mental and Behavioral Health in Schools

- Academic Supports
- School Culture & Climate
- Wraparound Services & Supports
- Mental Wellness
- Family Engagement
- Physical Health
- Behavioral Health Clinicians & Professionals
- Substance Abuse Disorder Treatment
- ????
- ????
- ????
SBMH Survey Results
SBMH Survey Takeaways

➢ Caregivers are largely happy with the learning environments schools are providing for their children.

➢ Caregivers are unsure of the SBMH resources schools have for their children.

➢ Caregiver’s receive SBMH information and services from a wide variety of sources.
Learning Environments

My child’s school has a supportive school culture and learning environment.

- Disagree: 2.3%
- Strongly agree: 40.2%
- Neutral: 13.1%
- Agree: 43.6%
Learning Environments

If your child had a mental/behavioral health challenge, how often do you feel they got the help they needed?

- Never: 2.7%
- Every time: 12.4%
- Rarely: 9.3%
- Some of the time: 8.1%
- Most of the time: 20.8%
- N/a - My child did not need help with... 46.7%
Learning Environments

If your child had a mental/behavioral health challenge, how often do you feel they got the help they needed?

- Never: 5.1%
- Every time: 23.2%
- Rarely: 17.4%
- Some of the time: 15.2%
- Most of the time: 39.1%
SBMH Resources

Which of the following are available to you through your child’s school that help you support their mental health?

- Individual mental health app… 1.2%
- None of these mental health… 4.6%
- Individual mental health app… 11.9%
- Mental health program works… 34.2%
- Mental health tips or strategies… 11.9%
- I’m not sure. 33.5%
Does your child have access to a mental health professional/clinician at school?

- Yes: 52.1%
- No: 8.5%
- I'm not sure: 39.4%
Does your child’s school have a process to refer them to the appropriate school-based or community-based mental health services?

- No, my school does not have a ... 5.0%
- Yes, my school refers students to ... 40.2%
- I’m not sure whether my child’s ... 54.8%
Access to SBMH Information and Services

How did you find out about access to mental health services at school?

- N/a - No one has ever com... 17.6%
- My child’s teacher(s) 9.3%
- Special education coordinator 8.8%
- I'm not sure 6.2%
- My child’s dean, assistant p... 11.4%
- From a friend or colleague 2.1%
- School principal 9.8%
- From a parent at my child(r)... 3.6%
- Other school staff member 4.9%
- Communication from the sc... 26.2%
Sharing YOUR Experience

**DIRECTIONS:** Discuss as a group our reactions to the survey.

- What *surprised* you about the results?
- What were you *not surprised* to see?
- Were there any results that really *stuck out to you*?
- Does this impact your view of what *needs improvement around SBMH*?
Next Steps
Next Steps:

- Look out for the **disaggregated results** coming soon!
- **For PAVE PLE Board members**: let us know if you have any thoughts on how this should be included in your statement of beliefs!
- Want to **learn more about and get involved** in campaigns to improve access to OST programs or SBMH? Reach out to [ple@dcpave.org](mailto:ple@dcpave.org)!
Appendix
SBMH
Count of Based on your experience, do PARENTS have opportunities to be involved in school decision-making for mental health policies and programs?

- No, parents do not have opportunities to be involved in some school decision-making processes for mental health policies and programs.
- I’m not sure whether parents have opportunities to be involved in some school decision-making processes for mental health policies and programs.
- Parents have opportunities to be involved in some school decision-making processes for mental health policies and programs.
- Yes, parents have opportunities to be involved in all school decision-making processes for mental health policies and programs.
Do STUDENTS have opportunities to be involved in school decision-making for mental health policies and programs?

- No, students do not have opportunities to be involved in some school decision-making processes for mental health policies and programs.
- I'm not sure whether students have opportunities to be involved in some school decision-making processes for health and safety policies and programs.
- Yes, students have opportunities to be involved in all school decision-making processes for mental health policies and programs.
- Students have opportunities to be involved in some school decision-making processes for mental health policies and programs.
Age of Children in Survey

- 17: 6.9%
- 12: 5.0%
- 7: 5.0%
- 6: 6.6%
- 5: 7.7%
- 10: 7.7%
- 3: 6.6%
- 11: 6.6%
- 16: 6.2%
- 13: 7.7%
- 9: 8.1%
- 14: 4.6%
- 4: 2.7%
- 8: 8.5%
- 2.7%
- 18: 5.4%
Count of What ward does your child attend school in?

- 8: 24.7%
- 1: 7.7%
- 5: 21.2%
- 4: 12.7%
- 7: 12.0%
- I'm not sure: 6.2%
- 3: 2.3%
- 6: 10.8%
- 2: 2.3%
My child's school has a supportive school culture and learning environment.

- Disagree: 2.3%
- Strongly agree: 40.2%
- Neutral: 13.1%
- Agree: 43.6%
Which of the following are available to you through your child’s school that help you support their mental health?

- I’m not sure: 33.5%
- Mental health program works: 34.2%
- Mental health tips or strategies: 11.9%
- None of these mental health options: 4.6%
- Individual mental health app: 11.9%
- Individual mental health app: 1.2%
If your child needed help with a mental/behavioral health challenge at school, do you know who to contact for help?

- Probably no: 7.3%
- Definitely yes: 37.1%
- Probably yes: 27.8%
- N/a - My child did not: 19.3%
- Definitely no: 8.5%
If your child had a mental/behavioral health challenge, how often do you feel they got the help they needed?

- Never: 2.7%
- Every time: 12.4%
- Rarely: 9.3%
- Some of the time: 8.1%
- Most of the time: 20.8%
- N/a - My child did not need help with...: 46.7%
Does your child have access to a mental health professional/clinician at school?

No
8.5%

Yes
52.1%

I'm not sure
39.4%
Does your child’s school have a process to refer them to the appropriate school-based or community-based mental health services?

- No, my school does not have a referral process: 5.0%
- Yes, my school refers students to mental health services: 40.2%
- I’m not sure whether my child’s school has a referral process: 54.8%
During this current school year, which of the following best describes your child’s experience with SBMH services?

- My child is on a waitlist to see a specialist
  - 2.3%
- I have tried, but my child has not been selected for services
  - 2.3%
- I haven’t tried to access a school-based mental health service
  - 0.4%
- My child has seen a school-based mental health service
  - 23.9%
- Summary of “Other” responses:
  - Overlap with special education (IEP/504 supports)
  - Received support outside of the school
- I haven’t tried to access a mental health service
  - 65.6%
When your child got help for that mental/behavioral health challenge, who was it at the school that helped them?

- N/a - My child did not need help
- My child’s current teacher
- A school administrator
- A school/guidance counselor
- A behavioral support staff member
- Special education coordinator
- A teacher aide
- Another teacher at the school
- A school administrative staff

Percentage:
- N/a: 28.9%
- My child’s current teacher: 14.3%
- A school administrator: 10.2%
- A school/guidance counselor: 8.4%
- A behavioral support staff member: 9.8%
- Special education coordinator: 5.7%
- A teacher aide: 4.8%
- Another teacher at the school: 4.8%
- A school administrative staff: 3.9%
Who would you FIRST go to at your child's school for mental health support?

- I would not go to anyone… 7.9%
- Special education coordinator… 4.3%
- My child's current teacher… 27.6%
- A school-based mental health professional… 18.9%
- Another teacher at the school… 0.8%
- A school/guidance counselor… 9.1%
- A school administrator (district level)… 16.1%
- A behavior support staff member… 10.6%
- A school administrative officer… 4.7%
How did you find out about access to mental health services at school?

- N/a - No one has ever com: 17.6%
- My child's teacher(s): 9.3%
- Special education coordinator: 8.8%
- My child's dean, assistant principal: 11.4%
- School principal: 9.8%
- Other school staff member: 4.9%
- Communication from the school: 26.2%
- I'm not sure: 6.2%
- From a friend or colleague: 2.1%
- From a parent at my child(r)s school: 3.6%
Learning Environments

My child's school has a supportive school culture and learning environment (Black/African American Families)

- Strongly agree: 44.3%
- Agree: 35.6%
- Neutral: 14.9%
- Disagree: 3.1%
Learning Environments

My child's school has a supportive school culture and learning environment (White Families)

- Strongly agree: 35.3%
- Agree: 55.9%
- Neutral: 5.9%
- Disagree: 2.9%
Learning Environments

Count of My child's school has a supportive school culture and learning environment (Latinx/Hispanic Families)

- Strongly agree: 28.2%
- Agree: 43.6%
- Neutral: 25.6%
- Disagree: 2.6%
Learning Environments

If your child had a mental/behavioral health challenge, how often do you feel they got the help they needed? (Black Families)

- Never: 3.1%
- Rarely: 8.2%
- Most of the time: 18.6%
- Every time: 15.5%
- Some of the time: 7.2%
- N/a - My child did not need help: 47.4%
Learning Environments

If your child had a mental/behavioral health challenge, how often do you feel they got the help they needed? (White Families)

- Rarely: 2.9%
- Some of the time: 11.8%
- Never: 8.8%
- Most of the time: 8.8%
- N/a - My child did not need help: 67.6%
Learning Environments

If your child had a mental/behavioral health challenge, how often do you feel they got the help they needed? (Hispanic/Latinx Families)

- Never: 2.6%
- Some of the time: 5.1%
- Most of the time: 23.1%
- Every time: 15.4%
- Rarely: 17.9%
- N/a - My child did not need help: 35.9%
Which of the following are available to you through your child’s school that help you support their mental health? (Black Families)

- Mental health program works... 3.1%
- N/A 1.0%
- Mental health program works... 4.6%
- None of these mental health... 4.6%
- Individual mental health appoi... 9.3%
- Mental health tips or strategie... 5.2%
- I'm not sure 1.0%
- Mental health program works... 7.7%
- Mental health tips or strategie... 3.1%
- I'm not sure 34.0%
- Mental health program works... 20.1%
Which of the following are available to you through your child’s school that help you support their mental health? (White Families)

- I’m not sure: 50.0%
- Mental health tips or strategies: 14.7%
- Mental health program works: 8.8%
- Individual mental health appointments: 5.9%
- None of these mental health options: 2.9%
- Mental health tips or strategies: 2.9%
Which of the following are available to you through your child’s school that help you support their mental health? (Latinx/Hispanic...)

- She have help from he...
  - 2.6%
- Mental health program...
  - 5.1%
- Mental health tips or st...
  - 10.3%
- Mental health program...
  - 35.9%
- Mental health program...
  - 20.5%
- Mental health program...
  - 10.3%
- Mental health program...
  - 7.7%
- I'm not sure.
Does your child have access to a mental health professional/clinician at school? (Black Families)

- Yes: 54.1%
- No: 4.1%
- I'm not sure: 41.8%
Does your child have access to a mental health professional/clinician at school? (White Families)

- Yes: 32.4%
- No: 11.8%
- I'm not sure: 55.9%
SBMH Resources

Does your child have access to a mental health professional/clinician at school? (Latinx/Hispanic Families)

- Yes: 37.5%
- No: 25.0%
- I'm not sure: 37.5%
SBMH Resources

Does your child’s school have a process to refer them to the appropriate school-based or community-based mental health services? (Black Families)

- No, my school does not have a referral… 4.1%
- Yes, my school refers students to appro… 39.7%
- I’m not sure whether my child’s school… 56.2%
Does your child’s school have a process to refer them to the appropriate school-based or community-based mental health services? (White Families)

- No, my school does not have a referral... 2.9%
- Yes, my school refers students to appr... 14.7%
- I’m not sure whether my child’s school... 82.4%
Does your child’s school have a process to refer them to the appropriate school-based or community-based mental health services? (Latinx/Hispanic Families)

- I’m not sure whether my child’s school has... 48.7%
- Yes, my school refers students to appropriate... 41.0%
- No, my school does not have a referral pro... 10.3%